

Juniper: The Girl Who Was Born Too Soon



Juniper: The Girl Who Was Born Too Soon by Thomas French

★★★★☆ 4.6 out of 5

Language : English

File size : 2300 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

X-Ray : Enabled

Word Wise : Enabled
Print length : 337 pages



Juniper was born on March 10, 2020, at just 23 weeks and 6 days gestation. She weighed only 1 pound, 1 ounce, and was 11 inches long. Her parents, Sarah and David, were told that she had a 0% chance of survival.

But Juniper defied the odds. She spent the first 100 days of her life in the neonatal intensive care unit (NICU), where she underwent multiple surgeries and procedures. She was finally able to go home on June 19, 2020.

Today, Juniper is a thriving 2-year-old. She is full of energy and loves to play with her toys and big sister. She is also a bit of a daredevil, and she loves to climb and explore.

Juniper's story is an inspiration to all who hear it. She is a testament to the strength and resilience of the human spirit. She is a reminder that even the smallest babies can overcome great challenges.

Juniper's Journey

Juniper's journey began on March 10, 2020, when she was born at just 23 weeks and 6 days gestation. She was born via emergency C-section after Sarah developed preeclampsia. Juniper was immediately taken to the NICU, where she was placed on a ventilator and given surfactant to help her lungs develop.

Over the next few weeks, Juniper underwent multiple surgeries and procedures. She had a tracheostomy to help her breathe, and she had surgery to repair a hole in her heart. She also received blood transfusions and antibiotics.

On June 19, 2020, Juniper was finally able to go home. She was still on oxygen and had a feeding tube, but she was doing well. She continued to receive therapy and care at home, and she gradually weaned off of oxygen and the feeding tube.

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The Importance of Premature Birth Awareness

Juniper's story is an important reminder of the importance of premature birth awareness. Premature birth is the leading cause of death in newborns in the United States. Each year, more than 380,000 babies are born prematurely in the United States. Of these babies, about 10% are born extremely prematurely, at less than 28 weeks gestation.

Premature babies face a number of challenges, including respiratory problems, feeding difficulties, and developmental delays. They are also at an increased risk for long-term health problems, such as cerebral palsy, vision problems, and hearing loss.

Premature birth awareness is important because it can help to reduce the number of premature births and improve the outcomes for premature

babies. There are a number of things that can be done to prevent premature birth, including:

- Getting regular prenatal care
- Quitting smoking
- Managing chronic health conditions, such as diabetes and high blood pressure
- Avoiding alcohol and drugs during pregnancy

If you are pregnant, it is important to be aware of the signs and symptoms of preterm labor. These symptoms include:

- Contractions that come more than every 10 minutes
- Pelvic pressure
- Low back pain
- Vaginal bleeding or discharge
- Abdominal cramps
- Uterine irritability

If you experience any of these symptoms, it is important to call your doctor immediately.

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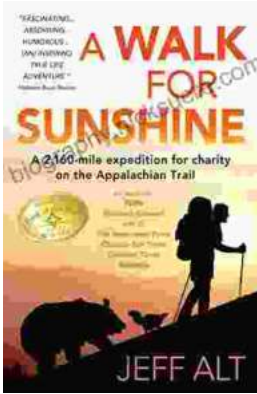


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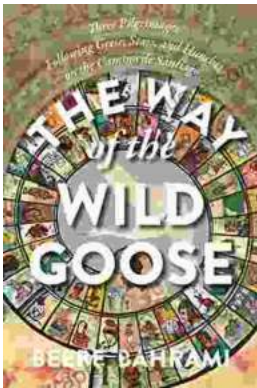
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