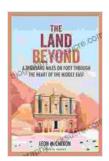
# Thousand Miles On Foot Through The Heart Of The Middle East

In 2010, I set out on a 1,000-mile walk through the Middle East. I started in Jordan, and walked through Syria, Lebanon, Israel, the Palestinian Territories, Jordan, Saudi Arabia, Yemen, and Oman. The journey took me through some of the most remote and beautiful landscapes in the world, and gave me a unique insight into the lives of the people who live there.



## The Land Beyond: A Thousand Miles on Foot through the Heart of the Middle East by Leon McCarron

★★★★★ 4.6 out of 5
Language : English
File size : 1780 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 319 pages



I had always been fascinated by the Middle East. It is a region of great beauty and diversity, but it is also a region that is often misunderstood. I wanted to see it for myself, to experience its culture and its people firsthand.

My journey began in Amman, Jordan. I walked north through the Jordanian desert, and then crossed into Syria. I walked through the ancient city of Damascus, and then continued north to Aleppo. From Aleppo, I walked

west to the Mediterranean Sea. I followed the coast south, through Lebanon and Israel, and then into the Palestinian Territories.

From the Palestinian Territories, I crossed back into Jordan and walked south to Petra. Petra is a UNESCO World Heritage Site, and it is one of the most beautiful places I have ever seen. I spent several days exploring Petra, and then continued south to Aqaba. Aqaba is a port city on the Red Sea, and it was here that I began my walk across the Arabian Peninsula.

I walked through the Saudi Arabian desert for several weeks. The desert is a harsh and unforgiving place, but it is also a place of great beauty. I saw sand dunes, mountains, and wadis. I met Bedouin nomads, and I learned about their way of life.

From Saudi Arabia, I crossed into Yemen. Yemen is a country of great beauty and diversity. I walked through mountains, valleys, and deserts. I saw ancient cities, and I met people from all walks of life.

From Yemen, I crossed into Oman. Oman is a country of great natural beauty. I walked through mountains, deserts, and wadis. I saw ancient forts and castles, and I met people from all over the world.

My 1,000-mile walk through the Middle East was an unforgettable experience. I saw some of the most beautiful places in the world, and I met some of the most interesting people. I learned a great deal about the Middle East, and I came away with a newfound appreciation for its culture and its people.

#### Here are some of the highlights of my journey:

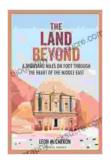
- Walking through the ancient city of Damascus
- Visiting the ruins of Petra
- Crossing the Arabian Desert
- Meeting Bedouin nomads
- Exploring the mountains of Yemen
- Visiting the ancient forts and castles of Oman

If you are planning a trip to the Middle East, I highly recommend walking. It is a great way to see the region and to experience its culture and its people firsthand.

Here are some tips for planning a walking trip to the Middle East:

- Do your research. Learn about the countries you will be visiting, and the best time of year to travel.
- Get a good map. A detailed map will help you plan your route and avoid getting lost.
- Pack light. You will be carrying your belongings on your back, so pack only the essentials.
- Be prepared for the weather. The Middle East can be very hot and dry, so be sure to pack plenty of water and sunscreen.
- Be respectful of the local culture. Dress modestly, and be mindful of local customs.

I hope you enjoy your walking trip to the Middle East!

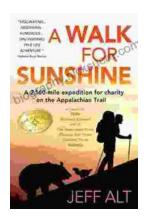


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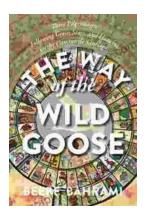
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