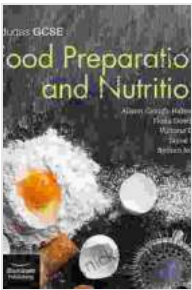


WJEC Eduqas GCSE Food Preparation and Nutrition

WJEC Eduqas GCSE Food Preparation and Nutrition is a popular and well-respected GCSE qualification. It is designed to give students a thorough understanding of the principles of food preparation and nutrition, as well as the skills needed to prepare and cook a variety of dishes.



My Revision Notes: WJEC Eduqas GCSE Food Preparation and Nutrition

★★★★☆ 4.7 out of 5

Language	: English
File size	: 15875 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 151 pages



Exam Structure

The WJEC Eduqas GCSE Food Preparation and Nutrition exam consists of two units:

1. **Unit 1: Food Preparation and Nutrition (Written Exam)**
2. **Unit 2: Food Preparation and Nutrition (Controlled Assessment)**

Unit 1: Food Preparation and Nutrition (Written Exam)

The written exam is 2 hours long and worth 80% of the overall grade. It consists of two sections:

1. **Section A: Multiple Choice Questions (20 marks)**
2. **Section B: Structured Questions (60 marks)**

Unit 2: Food Preparation and Nutrition (Controlled Assessment)

The controlled assessment is coursework that is worth 20% of the overall grade. It consists of two parts:

1. **Part A: Food Investigation (10 marks)**
2. **Part B: Food Preparation and Presentation (10 marks)**

Assessment Criteria

Students are assessed on their knowledge and understanding of the following:

- The principles of food preparation and nutrition
- The skills needed to prepare and cook a variety of dishes
- The importance of food safety and hygiene
- The nutritional value of different foods

Revision Tips

Here are some tips for revising for the WJEC Eduqas GCSE Food Preparation and Nutrition exam:

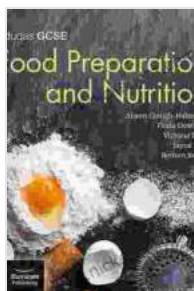
- Start revising early and give yourself plenty of time.

- Make use of past papers and mark schemes.
- Attend revision classes or get a tutor.
- Form a study group with your friends.
- Take breaks and don't try to cram everything in at once.
- Eat healthy foods and get enough sleep.

Resources

Here are some useful resources for WJEC Eduqas GCSE Food Preparation and Nutrition:

- WJEC Eduqas GCSE Food Preparation and Nutrition
- BBC Bitesize GCSE Food Preparation and Nutrition
- Hodder Education GCSE Food Preparation and Nutrition

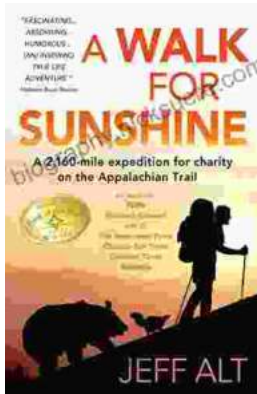


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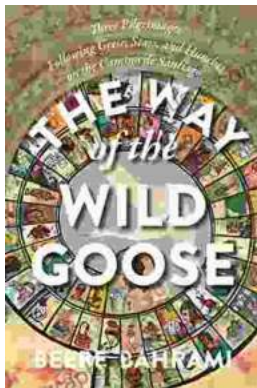
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